Micropigmentation Pre-Procedure Information & Care

ALL SEMI-PERMANENT COSMETIC PROCEDURES ARE MULTI-SESSION PROCESSES. An initial application is incomplete until after a follow-up appointment, which must be scheduled approximately 4-8 weeks after your initial appointment. There is no additional charge for the follow-up appointment after your initial application as long as it is performed within three months of the initial application.

WHILE YOUR SKIN HEALS, BE PREPARED FOR THE COLOR INTENSITY OF YOUR PROCEDURE TO BE SIGNIFICANTLY LARGER, SHARPER, BRIGHTER, OR DARKER than what is expected for the final outcome. This is a normal and expected result of the application and healing process. The healing process will take a number of days to complete, depending on how quickly the outer layer of your skin exfoliates and new skin regrows to take its place.

Since delicate skin or sensitive areas may swell slightly or redden, some clients feel it best not to make social plans for a day or two following any procedure. Wear your normal makeup and bring your lip or brow pencils with you the day of the procedure.

Pre-Procedure Instructions

Eyebrows:
Avoid tweezing, waxing, electrolysis, and coloring your brows for two weeks prior to the procedure if possible. This will allow your practitioner the most flexibility to achieve optimal results.

Eyeliner:
DO NOT WEAR CONTACT LENSES DURING OR IMMEDIATELY FOLLOWING THE PROCEDURE. Remember to bring your glasses. You may resume wearing your contact lenses as soon as your eyes return to their pretreated condition.
Do not use growth stimulants such as Latisse®, RapidLash®, or RevitaLash® for at least one week prior to and one week after your eyeliner procedure.

Lips:
If you have any history of cold sores/ fever blisters/ herpes simplex, you must contact your physician to obtain and take the proper prescription medication to prevent such outbreaks for at least 4 days before and after the procedure. Many physicians prescribe 12 capsules of 500mg Valtrex. Follow your physician’s instructions.
Two or three applications may be required to achieve the desired results. It is not uncommon to lose up to 70% of the color on the first application.
Micropigmentation - Client Consent, Release & Disclosure

The nature and method of the proposed semi-permanent makeup (cosmetic tattoo) procedure has been explained to me as having the usual risks inherent in the procedure and the possibility of complications during and following its performance. I understand that there may be a certain amount of discomfort or pain associated with the procedure and that other possible adverse side effects may include: minor and temporary bleeding, bruising, redness or other discoloration and/or swelling. Fever blisters may occur on the lips following lip procedures in individuals prone to this problem. Fading or loss of pigment may occur. Secondary infection in the area of the procedure is rare if properly cared for, but may occasionally occur.

By signing below, I specifically acknowledge that I have been advised of the facts and matters set below, and I agree as follows:

(Please initial the line next to the number after you clearly understand each statement)

1. ________ I have informed the practitioner of any and all of my known allergies. I acknowledge that it is not always reasonably possible to determine in advance whether I might have an allergic reaction to any of the pigments, dyes, topical preparations, or processes used in the procedure; and I agree to accept the risk that such reaction is possible.
2. ________ I acknowledge that complications as a result of semi-permanent makeup procedures may occur, particularly in the event that the post-procedural instructions are not followed, and accept full responsibility for such complications.
3. ________ I realize that my body is unique and neither Pura Med Spa nor its employees or contractors can predict how my skin may react as a result of the procedure.
4a. ________ I have previously had micropigmentation performed by someone other than Pura Med Spa on the same area (brows, lips, etc) that I am asking Pura Med Spa to work on today.
   ____YES ____NO
4b. ________ IF YES, I understand that correcting or touching up micropigmentation that was performed by others involves additional risks because of the existence of permanent pigments of unknown composition, brand, color, age, shape and other factors over which Pura Med Spa has no control. I understand that additional appointments after the initial and followup appointments may be required, and will be billed at Pura Med Spa's standard rates. I understand that Pura Med Spa can not predict the results in advance and can not guarantee and has not represented that the results will be as I desire. I understand and fully accept the risks associated with this procedure and hold Pura Med Spa harmless from same.
5. ________ I acknowledge that the procedure may result in a long-lasting (many years) change to my appearance and that no representations have been made to me as to the ability to later change or remove the results.
6. ________ I understand that future skin altering procedures such as laser treatments, plastic surgery, implants, and/or injections may alter and degrade my semi-permanent makeup, and that I must inform any future service provider that I have had micropigmentation applied. I understand and accept that such changes are not the fault of Pura Med Spa or its employees or contractors. I further understand that such changes or degradation in my appearance may not be correctable through further semi-permanent makeup procedures.
7. ________ I consent to the admittance of authorized observers to the procedure(s) for the purpose of education or assistance.
8. ________ I acknowledge that obtaining the semi-permanent makeup is my choice alone, and I consent to the procedure and to its attendant risks, and to any actions or conduct of Pura Med Spa and its employees and contractors reasonably necessary to perform the procedure.
9. ________ I understand that I will have the opportunity to approve the design and color of the semi-permanent makeup to be applied, and I accept responsibility for same.
10. ________ I consent to any relevant photographs being taken both before and after the procedure, to document the results of the procedure strictly for the internal use of Pura Med Spa
11. ________ [Optional/Requested] I consent to Pura Med Spa using “before & after” photos of me for marketing purposes to display its capabilities and results. If I do provide consent, I may at any time withdraw such consent for specific photographs by contacting Pura Med Spa which will then discontinue use of said photo(s).
12. ________ I have been given the full opportunity to ask any and all questions which I might have about obtaining semi-permanent cosmetic procedures from a micropigmentation specialist at Pura Med Spa, and that all of my questions have been answered to my full and total satisfaction.

If you have previously had micropigmentation performed by Pura Med Spa has your medical history changed since you last filled out Pura Med Spa Medical Profile form?
____YES ____NO
If YES, please specify. ________________________________________________________________

__________________________________________________________________________________

I have read and understand the contents of each statement above. I acknowledge that this is a contract and that I have received no warranties or guarantees with respect to the benefits to be realized from, or consequences of, the aforementioned procedure(s). I further acknowledge that at the time of signing this consent I am of sound mind and capable of making independent decisions for myself.

_______________________________________________________ _______________________
Name (Please print legibly)     Date

_______________________________________________________ _______________________
Client Signature     Date

Practitioner statement:
I have personally reviewed the above information with my client or the client’s representative.

_______________________________________________________ 
Practitioner Signature

_______________________________________________________ 
Date

I hereby consent to the treatment of Micropigmentation with Pura Med Spa for the treatments specified above.

______________________________________ _____________
Client Signature         Date

______________________________________ _____________
Provider Signature        Date

______________________________________ _____________
Medical Director Signature       Date
Micropigmentation (semi-permanent makeup) procedures are affected by the “canvas” (your skin) that they are performed on. Lifestyle, medications, smoking, metabolism, facial surgery and other procedures, and age of skin all contribute to fading. The initial application is always applied conservatively because every person’s skin is different and the final color can only be precisely determined and adjusted during a follow-up appointment after the initial application has fully healed. Because of this, the micropigmentation process is not complete after the initial procedure. In all cases, a follow-up appointment is required approximately 30 days after your initial application to fine tune and ensure the best result.

Though rare, infection is possible. If you see signs of infection such as persistent increased redness or swelling, fever, drainage, or oozing, contact your doctor immediately.

- Apply ice packs as necessary to prevent or reduce swelling.
- When the area starts to flake, leave it. Do not pick, peel or pull on the skin.
- Apply a thin coat of Aquaphor® or white petroleum (such as Vaseline®) to the area twice a day for 3-4 days, before showering and after cleansing.
- Avoid sweating such as from vigorous exercise for 24 hours.
- For at least one week post-procedure or until healing is complete (whichever is longer):
  - Keep your hands clean and avoid touching the affected area(s).
  - Do not scrub or pick treated areas.
  - Do not use peroxide or Neosporin on treated areas.
  - Do not expose area to direct sun or to tanning beds.
  - Avoid exposing the area excessive moisture or humidity, such as: facials, swimming, whirlpools (hot tubs), saunas, steam rooms, and steamy showers.
- Avoid Retin-A, moisturizers, glycolic acids, exfoliants and anti-aging products at all times (not just during healing) on all micropigmented areas. These can cause pigments to fade and lighten prematurely.
- Avoid tanning beds, sun, chlorine spas and pools, soap and chemicals (including skin cleansers, makeup removers, alpha hydroxyl creams, and tooth whitening toothpaste) near the treated area until healed.
- Pigments will slowly fade over time according to one’s metabolism, skin type, sun exposure, medication, facial surgery, and smoking. Schedule maintenance visits as needed to keep it looking fresh.
- Periodic touch ups will ensure longer lasting results.

Eyebrows
- For the first 3-4 days, avoid soap or cleansing products. Wash only with water and pat dry with a clean, dry cloth.
- Do not resume any method of eyebrow hair removal or coloration for at least two weeks.
- Avoid eyebrow tinting within 48 hours before or two weeks after the procedure.

Eyebrow Micropigmentation Healing Schedule

If you’ve never had micropigmentation before, there are a lot of unknowns. One of the most common questions we’re asked is what to expect during the healing process. While every person is different and some heal more quickly or slowly than others, here’s generally what to expect.
Temporary side effects from micropigmentation include but are not limited to: redness, swelling, puffiness, bruising, dry patches and tenderness.
You should expect to lose approximately 1/3 of the initial color during the healing process. We have selected the optimal pigments for you with this in mind. In approximately six days it may appear too light. After about 10 days, the color will show more. It will appear softer when completely healed.
DAY ONE: The eyebrows are approximately 20-25% bolder and darker in width than they will be when healed. Expect light to moderate swelling and redness. The skin’s redness causes the color of the pigment to appear darker. There is some swelling, although difficult to actually see due to the thickness of the skin in the eyebrow area. This will subside. Exfoliation, which begins in a few days, will cause the excess pigment surrounding the eyebrow to flake away and a more narrow appearance will result. New skin will heal over the pigmented area and result in a softer appearance of your eyebrows. Don’t be concerned that your eyebrows initially appear darker and heavier in size than you desire. This is all part of the process.

DAY TWO: Conditions remain the same.

DAY THREE: Eyebrows start to itch and will appear a bit thicker in texture. Exfoliation begins.

DAY FOUR: The skin begins to flake, peeling from the outside edges first.

DAY FIVE: Color finishes flaking off and appears softer and grayer first.

DAY SIX: The color has lightened from its initial overly-dark appearance. For the next few days, the color may now be lighter than what the final color will be.

DAY TEN: The final color begins to stabilize and show through. The color will continue to soften as the healing process completes.

I UNDERSTAND AND ACCEPT THAT FAILURE TO FOLLOW THE POST-PROCEDURE INSTRUCTIONS ABOVE MAY RESULT IN A LOSS OR DISCOLORATION OF PIGMENT RESULTING IN A NEED FOR MORE FREQUENT TOUCHUPS.

________________________________________
Name (Please print legibly)

________________________________________
Client Signature

________________________________________
Parent Or Legal Guardian (If Client Is Under 18)

Practitioner Statement:

I have personally reviewed the above information with my client or the client’s representative.

________________________________________
Practitioner Signature

___________
Date

___________
Date

___________
Date

___________
Date